OR-X
Translational
center for surgery

Information & Program
Resident Curriculum 2027



“What I like about the Resident Courses is that you get to learn practical tips and tricks from experienced surgeons that you won’t find in a textbook.”

Rahel Moser, second-year resident

“As a resident, I feel there’s a big gap between learning from a textbook and performing the procedure yourself. These courses really bridge that gap and help me build confidence in the OR.”

Rakan Almehaisan, fifth-year resident

“I don’t see surgical excellence as a destination you eventually reach, but as a continuous process of improvement. At my stage of training, it’s about building a strong foundation in both clinical and surgical skills through consistent practice.”

Anna Vincent, MD, fourth-year resident

Train What Matters for Your Board Exam and Your Clinical Practice.

The Resident Curriculum 2027 in the OR-X combines structured surgical education with extensive hands-on training. Under the guidance of experienced orthopaedic surgeons from Balgrist University Hospital, residents progressively develop fundamental operative skills through drylab and wetlab courses using anatomical models and human specimens.

The curriculum focuses on procedures and surgical techniques relevant to the official requirements of the orthopaedic board exam. Small groups of four to five participants per workstation create an intensive learning environment with direct exchange and individual faculty feedback. Accredited by swiss orthopaedics, the curriculum allows residents to earn CME credits while gaining practical experience that supports both exam preparation and everyday clinical practice.

Participation Conditions

- Employment at a hospital as an orthopaedic and/or traumatology resident.
- Participation in a wetlab requires successful completion of the corresponding drylab.

Accreditation

All courses are accredited by swiss orthopaedics and award 2 CME credits per course.

Course Fees

Rates for Residents of a Zurich Hospital
Drylab: CHF 140 per course
Wetlab: CHF 390 per course
Access courses: CHF 1'080 for 10 course sessions

Rates for Residents of other Hospitals
Drylab: CHF 280 per course
Wetlab: CHF 780 per course
Access courses: CHF 2'160 for 10 course sessions

Our Course Supporters

Balgrist Universitätsklinik

Kanton Zürich Gesundheitsdirektion

medacta International

Arthrex

Smith+Nephew

Johnson&Johnson MedTech

Curmed.

OrthoPediatrics

AUGMEDI

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Dry- & Wetlab Courses 2027

Date	Course	Focus	Type
January 12	Hallux valgus and hammer / claw toe correction	Foot	Drylab
February 9	Reverse shoulder arthroplasty	Upper extremities	Drylab
March 2	Shoulder arthroscopy	Arthroscopy	Drylab
March 10	Knee arthroscopy	Arthroscopy	Drylab
March 24	Hip realignment osteotomy with locking plates	Pediatrics	Drylab
May 4	Thoracic and lumbar spine instrumentation	Spine	Drylab
May 11	Thoracic and lumbar spine instrumentation	Spine	Wetlab
September 14	Total hip arthroplasty (with a minimally invasive anterior approach)	Hip	Wetlab
September 15	Total hip arthroplasty (with a minimally invasive anterior approach)	Hip	Wetlab
September 22	Knee arthroplasty	Knee	Drylab
October 6	Knee arthroplasty	Knee	Wetlab
November 2	Distal radius osteosynthesis	Hand	Wetlab

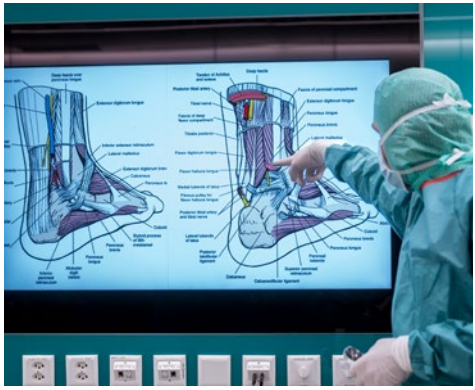
Access Courses 2027 / 28

Date	Course	Focus
January 26	Dorsal approach to the shoulder, upper arm, and elbow	Upper extremities
February 2	Ventral approach to the shoulder, upper arm, and elbow	Upper extremities
August 31	Anterior & anterolateral approach to the hip	Hip
September 7	Posterior (Kocher-Langenbeck) & lateral approach to the hip	Hip
September 28	Medial and lateral approaches to the knee & leg compartment fasciotomy	Knee
October 26	Palmar approach to the forearm, medial approach to the elbow, and various approaches to the wrist	Hand
November 9	Dorsal approach to the forearm and hand	Hand
November 16	Approaches to the ankle joint and foot	Foot
February 15	Approaches review of the lower extremities	Lower extremities
February 16	Approaches review of the upper extremities	Upper extremities

Your Path to the Orthopaedic Board Exam
Explore the Resident Curriculum 2027 and register for your courses.

Key Benefits at a Glance

Train the most important joint-specific standard procedures listed in the official SIWF/ISFM FMH surgical catalog.





Work with modern surgical instruments under the guidance of experienced faculty and in collaboration with industry partners.

Accredited by swiss orthopaedics and supported by the Department of Health of the Canton of Zurich.



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